

SHARON SNIR

BA; Dip. Early Childhood Education
Grad. Dip Counselling and Psychotherapy
Grad. Dip. Gestalt Therapy, GTC San Diego
College MGANZ; MPACFA

Sharon began her professional life as an early childhood educator and over the next fifteen years gained a deep understanding of the developmental stages of infants and children. Those years provided a first hand insight into the human psyche and acted as the motivator for her to transit into the healing profession; both as a counsellor and facilitator / teacher.

Followed by two years training in psychodrama Sharon received a postgraduate diploma in counselling and psychotherapy from the Australian College of Applied Psychology. Her love for the Gestalt therapy approach continued and took her to the United States where she trained with world renowned Gestalt Therapists Dr. Erving and Dr. Miriam Polster in San Diego, California.

This body of work known as The 12 Levels of Being has emerged out of 26 years of being a student, teacher and healer. Sharon's work is not connected in any way to any specific religion but rather she explores and embraces human consciousness through the body, mind, soul and spirit.

Testimonial

"They say that the fluttering wings of a butterfly can alter weather patterns and thus, change the world. Sharon is just such a butterfly. When I entered Sharon's workshop, it was a very different world from the one I normally inhabit. I must confess that I was in somewhat a state of suspended disbelief as I crossed the threshold. But once I did, I discovered "a sacred space" indeed! Sharon is a very gifted psychotherapist, teacher, shaman, and an extraordinary human being. Don't go to her workshop expecting PowerPoint slides and handout notes. Well, OK, there may be a few notes. But be prepared for an experience like none before. If you've been wanting to make changes, talking about making changes, but are not yet making any, this is the workshop for you. But be warned! Your world won't be the same again. Believe it."

Joanne Martin, Career Counsellor, NSW

Workshop Details

The workshop consists of 2 eight-hour days.

What to Bring

A note pad and comfortable clothes.

Lunch

Please bring something to share. Tea/coffee, fruit, nuts, sweets and cakes will be provided.

What to Expect

A magnificent new perspective through which to see yourself and your clients.

Australia only

Certification for on-going professional development will be given on completion of this workshop.

Venue

Australia : Please see insert
USA : Please see insert

Contact

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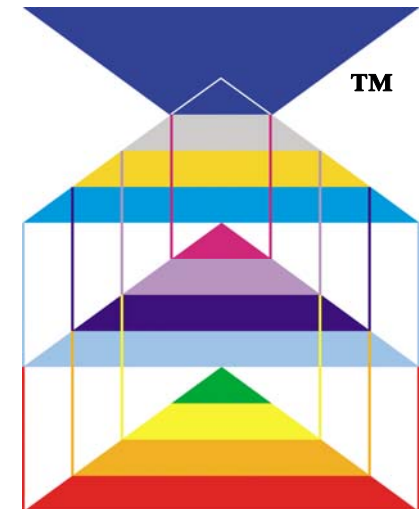
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TRIUNE HEALING
Integrating Psychology, Science and Spirituality

PRESENTS

THE 12 LEVELS OF BEING

LEVELS 1, 2, 3 AND 4



An Experiential Journey
with
SHARON SNIR



Psychotherapy & Counselling
Federation of Australia
REGISTER MEMBER

Have you ever felt that as a health practitioner you were trying to fix, change or heal someone when you really just wanted to help them understand where they are in their life's journey?

If yes, then join us in an experiential workshop that explores and explains The 12 Levels of Being.

The 12 Levels of Being presents us with a new map of understanding the natural cycles of being human. Problems, challenges and life transitions are seen as an aspect of a particular Level or Levels of Being.

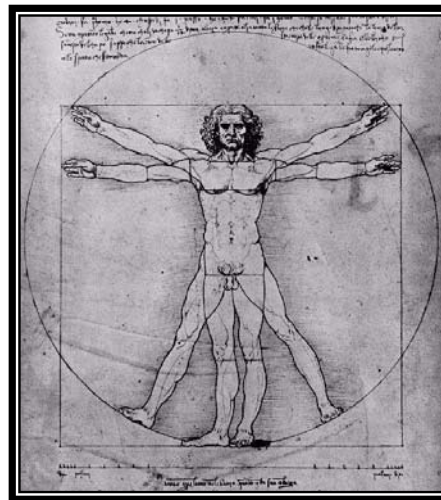
Our time will focus on a deep exploration of the first four levels.

This workshop is for individuals who work therapeutically with others. It is not limited to any particular approach or modality . The 12 levels of Being is an holistic and integrative model.

In essence, each level represents a specific vibration of "being" or a transitory stage. The levels are beautifully interconnected and reveal the infinite parallels in nature.

By becoming aware of these 12 fields of energy and by experiencing and fully claiming them, we can expect an expansion of perception, a deepening of understanding and an emergence of profound inner peace.

**The 12 Levels of Being
are 12 fields of energy through
which every human being evolves.
Studying, experiencing and
claiming these fields expands our
perception of who we are
as human Beings.
A profound freedom then emerges
through which we recognize,
support and appreciate the
complex and miraculous
journey called Life.**



LEVELS 1 AND 2 OF BEING

CHOICE

From Fear to Love

Reconciling two aspects of Self, that which fears and that which Loves through identifying and understanding how beliefs, values and perspectives drive choice.

CONNECTION AND HARMONY

The Emotional Body

Through narrative, myth and fairytale we explore how we choose to feel in any given situation.

LEVELS 3 AND 4 OF BEING

BALANCE

Yin Yang...Matter and Antimatter

Recognizing and embracing the polarities that operate within we begin to align Choice and Harmony through the power of reason.

TIME

Contraction and Expansion

Awakening our awareness to our own unique rhythm we move from the finite perspective of time to embracing the infinite cycles of energy