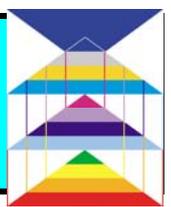




# Rumblings and Ruminations



Newsletter from Sharon Snir for AUGUST 2006  
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## Creating Unity, Joy and Connection Today

**H**ave you ever wondered what damage is done to a sick man suffering from a serious disease when a doctor announces, "It is unlikely you have more than six months to live?" Or considered the power of prophesy when a child is told, "You'll never be make the swimming team?" Or heard the bell of doom toll when a woman who has had fertility problems is told, "You will never have children?"

One of the things that I have learned in my life is that what we think and believe is often what we create.

In some communities—spiritual as well as evangelical, many people say that our future will get worst until the year 2012, when there will be an enormous cataclysm (or Armageddon)...the end of the known world. I hear the news reports that tell not only how the world is in chaos now but that it predicts an equally dire future.

It is time to take a stand for what is good in the world.

### **Where intention goes energy flows.**

In order to do that we have to stand up, dust ourselves off and make some choices.

Do we allow the conflicts around the world to increase our judgements of others, or do we use this opportunity to open our hearts to other view points and search for unity rather than separation?

Do we get hypnotised by propaganda or do take a risk and see how it feels to walk in the others shoes?

Do we believe all we see and hear from the media or do we recognise that the media sees and hears only from its own limited point of view?

Sometimes I ask myself how God sees this world right now. He/She certainly does not have one point of view. God has an infinite number of viewing points and as such sees all sides of all that goes on.

To limit ourselves by believing one person or another is to put on a pair of blinkers like a race horse and miss the significance of all that exists.

Denise Linn writes that, "*So much of the challenges that our world faces now comes from feeling separate from others (and hence being afraid of other races, religions or beliefs) and feeling separate from the earth (and thus disregarding and polluting the planet).*"

This is a time where the veil between the physical and spirit is becoming very thin. It is a time we can, with great ease connect to our spiritual companions. It is a time to call upon angelic beings and speak to our guides as true friends. They wait to hear from us and rejoice in every connection we make.

It is time to choose how we are going to continue to live together and that begins with our families, our communities, our earth, and ourselves.

It is time to clear out our own clutter. It is a time to get rid of objects, people and situations that no longer support our highest good.

I choose to live in a world where we not only read about unity and joy but we feel it in our own lives. I believe in reaching out and asking whether we can be of assistance. I remember once reading that if you feel as if you have nothing left, then give something away. What could you give away today?

Ask yourself now what is good in your world? Do you have enough to eat? Did you sleep in a bed last night? Does someone love you? Can you hear the sounds of nature? Did you see the full moon last night?

I sponsor three brothers in the Congo in Africa and last night Carin wrote these words to me. "*Hello to you and your children. I love living in Congo the life is hard but ever thing goes well my education. Very well, but congo I don't know after the publication of the president election what can happen so we are not in peace in congo.*"

If Carin can see the good in his life in the Congo, even in the face of uncertainty, so can we.

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