

Triune Healing
Integrating Spirit, Science, and Psychology

RUMBLINGS AND RUMINATIONS

Monthly Newsletter from Sharon Snir

April 2008



www.sharonsnir.com

When Spirit Doesn't Matter

Sunday May 4th 9 am -5pm 14 Francis St Randwick

Over the past few months Helen Barton and Sharon Snir have been both experiencing and teaching a profound workshop called When Spirit Doesn't Matter.

Strange title isn't it?

For those who have read The 12 Levels of Being you will know that it is the introduction of Energy that leads us through the personality, through the soul and through the Monad into Oneness. It is the Key to BEING.

WSDM can be understood by looking at the metaphore of a maze. A maze is a beautiful metaphore for the experience of Life at Personality, at a Soul and at a Monadic level.

We do not complete the journey by moving out of a maze but rather we complete a journey **into** a maze. We do not complete it by coming out the other side, but by reaching the heart of it and rising above it.

At The Personality Level the personality navigates the maze and eventually comes to the centre, meets the soul, and the soul guides it out

At The Soul Level the soul with the human vehicle, navigates the maze, comes to the centre, and there the soul's job is complete it shatters, the personality meet the monad and is lifted above.

At The Monad the Monad enters the maze. It enters the maze because its purpose is to experience in matter. Therefore, it enters and navigates its way until it finds the centre of the maze. When it finds the centre of the maze it has understood matter and so therefore it masters it and at that point the maze itself disappears. At this point we are no longer in a maze of life experience, we are here for

the JOY of BEING.

Complicated? It all falls into place very sweetly in WSDM.

What do we learn in this workshop?

In the first workshop we look together at the physical, the appearance and begin to question what matters and what doesn't matter. By exploring our beliefs in a so-called *appropriate journey* we begin to see that 'appropriate' is only the appearance and as such, does not matter. Simple because it has been labelled *appropriate*.

In the second workshop we invite the soul to become more interactive with the personality.

And the third? Well we will see in only 12 days what gifts are offered in that workshop.

In each of the workshops Helen also teaches The 12 Universal Laws. *Naturally they resonate perfectly with The 12 Levels of Being.*

John the Beloved: What is significant is that the individual navigates the maze and either turns around and leaves, becomes lost or perseveres and reaches the centre.

So that is WHEN SPIRIT DOESN'T MATTER.

If you are focussed on what is appropriate and how it you must live physically because of this set of rules and regulations that you believe you have to adhere to you never find the centre of the maze you are forever coming up against a dead end. Because you are attaching to the appearance of Spirit not the significance of Spirit. The Spirit within.

Because we as humans Being do not *appear* that we are Spiritual we often tend to waste a great deal of time and energy trying to prove we are!

And yet every single one of us, without exception is Spirit.

John the Beloved: You look at the most hardened criminal you can find- vicious, cruel, there is a divine spark within him. And he may be vicious and cruel and yet there will be *something* that is important to him beyond that viciousness, that keeps him human, and therefore, that means that the divine spark is still alive.

The 3 workshops teach you how to move through your own individual mazes.

We ground this work in the practical. We make sure everyone experiences their own journey fully and is supported in every possible way.

The 3rd and final part of **When Spirit Doesn't Matter** will take place on May 3rd.

On **MAY 4th** [Helen Barton](#) and [Sharon Snir](#) are offering Part I of WSDM to a new group of students. If you would like to join us please contact Sharon or Helen and we will be delighted to give you all the information you require.

Blessings and love,

Sharon

India



India. The land of bells and bulls, carts and cows. prayer and poverty, and the richest of the rich, encircled by the poorest of the poor.

I returned 2 days ago after a month with my 90 year old father and my husband who became my dad's personal body guard. It was a journey of the body, mind and soul. Sometimes the heat of the day or the steepness of steps slowed my father down but to his great credit, it never stopped him. He climbed onto bicycle rickshaws in Jodhpur, sat on elephants in Delhi, perched on boats in Varanasi and gazed at countless temples, and monuments, the most famous of course being the Taj Mahal.

The challenges we all encounter in the course of our lives are really gifts that allow us to stand in the truth of who we are. India had challenges. My dad fell a few weeks before our trip and his leg deteriorated throughout the journey. And not withstanding the pain he was often in, he refused to let it stop him. I think it was not until we arrived in Varanasi that the blessings of the Mother Ganges touched his heart. It is one thing to live life in eternal unfolding joy. It is quite another to die in joy. Varanasi touched me deeply. Hundreds and thousands of people come to Varanasi to die. Some devote the remainder of their lives to service and some, who are too ill, come to small hostels on the banks of the Ganges and others devote their lives to serving them to die in dignity.

One day my husband and I sat in a hole in the wall, in the narrowest of streets, drinking the most delicious chai in the world. As we sat and chattered to our chai man (he is 86 and has been there everyday for 57 years) two people carried the body of a family member silently passed us. It was, on one hand, surreal. Having a cup of tea and a dead person passes by and on the other hand it felt like the most natural thing in the world. Of course here in Varanasi that's exactly what it was.

In Ranthambore we thought we were there to go on safari to see tigers. Indeed we did see tigers but that was not the only reason we were there. We discovered there was a vision manifesting there in Ranthambore through a man called Goverdhan Singh.

Goverdhan is deeply committed to the cause of the Tiger he has been working for nearly 20 year with the local people helping them find alternative means of livelihood so that they can be less dependant on their natural resources like fuel wood and fodder the extraction of which forms a major

threat to the future of the Tiger. He runs a state of the art hospital and a school. His NGO is involved in providing alternate energy using biogas which received the Green Oscar in London in 2004. His wood for wood project helps local people plant over 70,000 trees each year. The non formal education program reaches out to nearly 4000 children each year helping them learn about their environment through song, dance, drama and nature camps. His work, the hospital, the school, the tiger protection program, the save the tree projects inspired us all to offer our support in some small way.

We went to see the hospital and as soon as the doctors discovered my dad was a urologist, out came the x-rays of a young woman and a consultation began. It was deeply moving to see the appreciation on the face of the doctor as he listened to my father's suggestions.

It takes just one person with a dream to make a profound difference.

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#### Contact Information

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**For appointments and consultations call Triune Healing
9924 2192 or 0418 249739**

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**Good Wishes, Love and Blessings  
until next month**  
*Sharon*

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